

Amanda M. Nevárez, PhD, LPC-S

Curriculum Vita

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EDUCATION

- May 2017 **THE UNIVERSITY OF TEXAS AT SAN ANTONIO**, San Antonio, TX
Doctor of Philosophy – Counselor Education and Supervision
CACREP Accredited
- Dissertation: *Take shelter in my arms: A narrative study of homeless romantic couples that met and resided at a temporary living facility*
- May 2013 **THE UNIVERSITY OF TEXAS AT SAN ANTONIO**, San Antonio, TX
Master of Arts – Community Counseling
CACREP Accredited
- May 2010 **THE UNIVERSITY OF TEXAS AT SAN ANTONIO**, San Antonio, TX
Bachelor of Arts – Psychology, Magna Cum Lade
- May 2008 **NORTHWEST VISTA COLLEGE**, San Antonio, TX
Associate of Arts – Psychology, Honors

RELEVANT LICENSES

Texas State Board of Examiners of Professional Counselors
Licensed Professional Counselor - Supervisor, #72588, – Dec. 2017 to present

RELEVANT EMPLOYMENT

- Oct. 2017-Oct. 2025 **Team Lead Counselor & Internship Coordinator, COMMUNITY BASED COUNSELING PROGRAM- Family Violence Prevention Services, Inc.**, San Antonio, TX
- Provided individual and group counseling to adults staying at Haven for Hope—an emergency homeless shelter. Corresponded and interviewed prospective FVPS undergraduate and graduate interns. Provided weekly supervision to interns across several FVPS programs from various educational backgrounds. Served as CBC point-of-contact during program director's absence. Frequently facilitated CBC weekly staff meetings. Represented FVPS/CBC at monthly partner meetings at Haven for Hope. Collaboratively worked with CBC staff counselors in creation and dissemination of agency electronic *Wellness Newsletter*.

Aug. 2017-Dec. 2017

**Lecturer I, COUNSELING DEPARTMENT-
The University of Texas at San Antonio, San Antonio, TX**

Organized and instructed new undergraduate counseling course- COU Child Abuse and Domestic Violence. Created original syllabus, consisting of reading assignments, in class group activities, online exams, and an online journal.

Aug. 2013-Aug.2014

**Graduate Research Assistant, COUNSELING DEPARTMENT-
The University of Texas at San Antonio, San Antonio, TX**
Worked under Hope Bell, Ph.D., LPC-S and Catherine Somody, Ph.D., LPC

Assisted an assistant tenure-track professor with scholarly article searches and summaries related to trauma and gatekeeping; SPSS data entry; grading of master's students' professional portfolios and other duties related to the counseling field and the university's counseling department.

Assisted a clinical assistant professor at the counseling department's community counseling clinic. Prescreened clients, created on-line client schedule, performed live observations of student-counselors' sessions, providing oral and written feedback to student-counselors on their clinical and professional performance, reviewed student counselors' client files throughout semester, and assisted in basic clinic upkeep.

RELEVANT EXPERIENCE

Jan. 2012-May 2012

**Student-Counselor (Master's level), COMMUNITY FAMILY LIFE CENTER-
The University of Texas at San Antonio, San Antonio, TX**
Supervised by Nathaniel Ivers, Ph.D., LPC and Fangzhou (Sabrina) Yu, M.A.

Completed 37 hours of individual counseling with adults, teens, and children from the San Antonio community. Completed 10 hours of live observation of other student-counselors' sessions. Completed 12 hours of psychoeducation group counseling with teens and their parents/guardians in the Juvenile Justice Program. Co-facilitated groups of five to 10 members. Presented information and conducted group activities related to anger management, relationship building, and personal boundaries. Received weekly, individual supervision from doctoral student and weekly, group supervision from Practicum course professor.

Aug. 2012-May 2013

**Student-Counselor (Master's level), PROJECTS FOR ASSISTANCE IN
TRANSITION FROM HOMELESSNESS- The Center for Health Care Services,
San Antonio, TX**
Supervised by Phyllis Zupkow, M.A., LPC-S, Larry Grosskopf, Ph.D., and, Dawn McFadden, Ph.D., LPC-S

Completed 149 hours of individual counseling with adults experiencing homelessness at Haven for Hope and The Courtyard. Issues discussed in individual counseling included: substance abuse, interpersonal relationships, self-esteem, and career planning. Techniques utilized in session included: psychoeducation and basic attending skills. Completed 15 hours of psychoeducational group counseling with adults staying at Haven for Hope and The Courtyard. Co-facilitated and observed groups of two to 12 members. Presented information and conducted group activities related to anger management, substance abuse, healthy relationships, and maladaptive thinking. Accompanied PATH employees in community outreach to homeless individuals in the streets and observed PATH employees perform in-take appointments. Received weekly, individual supervision from on-site supervisor and biweekly group supervision from Internship I and II course professors.

Jan. 2014-May 2017

Student-Counselor (Doctoral level)/LPC-Intern, DIVISION OF MEDICAL SERVICES- The Center for Health Care Services, San Antonio, TX

Supervised by Scott Peters, Ph.D., LPC-S, Juily Liang, Ph.D., Mark Jones, Ph.D., LPC-S, Derek Robertson, Ph.D., LPC-S, Hope Bell, Ph.D., LPC-S, and Janee Avent, Ph.D.

Completed 616 hours of individual counseling with adults staying at Haven for Hope and The Courtyard. Issues discussed in individual counseling included: substance abuse, interpersonal relationships, personal boundaries, parenting, career planning, and managing/understanding mental health diagnoses. Techniques utilized in session included: person-centered theory, psychoeducation of substance abuse and mental health diagnoses, and modeling. Completed 804 hours of psychoeducational and process group counseling with adults staying at Haven for Hope and The Courtyard. Presented members in psychoeducation groups with an evidenced-based curriculum that covered topics such as sobriety/relapse, parenting, emotional regulation, self-esteem, and career planning. Processing groups were completed with adults staying at The Courtyard and men in an in-patient substance abuse program at Haven for Hope. Received weekly, group supervision from LPC-Supervisor and on-site supervisor and weekly/biweekly, group supervision from Practicum and Internship course professors throughout doctoral program.

RESEARCH

Take Shelter in my Arms: A Narrative Study of Homeless Romantic Couples That Met and Reside at a Temporary Living Facility, The University of Texas at San Antonio, Jan. 2016-April 2017

Conducted a qualitative narrative dissertation on the experiences of homeless romantic couples that met and reside at a temporary living facility. Conducted in-person, dyadic interviews of six couples about their experiences of being in a romantic relationship while being homeless. Transcribed each interview and analyzed data through the lens of Relational Cultural Theory.

Team Hope: Consultation and Program Evaluation of The Center for Health Care Services at Haven for Hope, The University of Texas at San Antonio and The Center for Health Care Services, June 2015-Aug. 2015

Served as a co-doctoral leader for a team of master's and doctoral students enrolled in the COU 6003 Consultation and Program Evaluation course. Collaborated with a team of 10 (seven master's students and two doctoral co-leaders) to prepare and facilitate a focus group of CHCS employees located at the Haven for Hope campus. Transcribed and analyzed recorded focus group interview with team. Formally presented results and provided recommendations in a presentation to classmates and CHCS employees.

Needs Assessment in a Safe Sleeping Environment: Understanding the Demographics, Goals, and Barriers of Guests at the Prospects Courtyard, The Center for Health Care Services, Oct. 2012-Aug. 2013

Assisted a CHCS psychologist in a program evaluation of the Prospects Courtyard. Collected needs assessment data from homeless individuals staying at PCY over several weeks. Entered, coded, and analyzed qualitative assessment data into SPSS. Formally presented results to CHCS program administrators at the Haven for Hope campus.

PRESENTATIONS and SPEAKING ENGAGEMENTS

- Nevarez, A. (2024, October). Overview of Family Violence Prevention Services, Inc. Over two days, presented information on Family Violence Prevention Services, Inc. in observance of Domestic Violence Awareness Month for Concorde Career College students.
- Nevarez, A. & FVPS/CBC Staff and Interns (2020-2025). Overview of Family Violence Prevention Services, Inc./Community Based Counseling Services. Organized and presented information at Haven for Hope's biannual Community Resource Fair.
- Schultz, L., Wright, C., Roberts, O., Rodgers, S., & **Nevarez, A.** (2018, October). Overview of Family Violence Prevention Services, Inc. Panel discussion with other employees from Family Violence Prevention Services, Inc. for Bexar County Sheriff's Office employees.
- Nevarez, A. (2017, October). Overview of Family Violence Prevention Services, Inc. Oral presentation at Our Lady of the Lake University to students, faculty, and individuals in the surrounding community on FVPS and services provided to adults, children, and families experiencing domestic violence in Bexar County.
- Knight, D. & **Nevárez, A.** (2016, September). *Empowering Our Students: Creating LGBTQIQA Awareness through a Semester-Long Immersion Activity*. Fifty-minute content session presented at the annual conference of the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling, San Antonio, TX.
- Nevárez, A. (2014, November). *Take Shelter in My Arms: What Student-Counselors Need to Know About Counseling Romantic Couples who are Homeless*. Poster presented at the annual midwinter conference of the Texas Counseling Association, Dallas, TX.
- Nevárez, A. (2015, April). *Sheltered in Your Love: Applying Relational Cultural Theory with Romantic Couples who are Homeless*. Poster presented at the annual conference of the Association Creativity in Counseling, San Antonio, TX.
- Lloyd-Hazlett, J., Boyles, L., Byars, B., Dhot, G., Knight, D., & **Nevárez, A.** (2015, October). *A "focused" approach to program evaluation: Building professional counselor identity and competency through service learning*.

Poster presented at The University of Texas at San Antonio's Inaugural Civic Engagement Summit, San Antonio, TX.

Nevárez, A. (2015, November). *Brother, Can You Spare a Dime? What Counselors Need to Know About Working with Chronically Homeless Men*. Poster presented at the annual midwinter conference of the Texas Counseling Association, Corpus Christi, TX.

Waterman, S.P., Juhnke, G.A., Ingram, M., & Nevárez, A. (2015, November). *Youth Substance Misuse and Bing Drinking Behaviors*. Poster presented at the annual midwinter conference of the Texas Counseling Association, Corpus Christi, TX.

Nevárez, A. (2015, November). *Take Shelter in My Arms: Understanding Romantic Couples among Homeless Adults*. Poster presented at The University of Texas at San Antonio's College of Education and Human Development Fifth Annual Student Research Colloquium, San Antonio, TX.

STUDENT-TEACHING ACTIVITIES

The University of Texas at San Antonio
COU 6523 Couples and Family Counseling (Doctoral Teaching Assistant)

- Assisted an assistant tenure-track professor with class of 53 master's students
- Facilitated weekly family counseling role-plays with group of 12 students
- After each role-play, facilitated group discussion to promote students' understanding of counseling families
- Reviewed and provided written feedback to students' weekly electronic journal entries on role-plays, class assignments, and other topics related to the class
- Performed family counseling role-plays with another doctoral teaching assistant in front of entire class
- Gave special lecture to entire class on counseling homeless couples
- Meet weekly with class professor to discuss students' progress and my overall TA performance

The University of Texas at San Antonio
COU 5713 Clinical Mental Health Counseling Internship (Doctoral Teaching Assistant)

- Assisted an associate professor with class of eight master's Internship I and II students over a 10-week summer semester
- Assisted in class discussions of students' clinical cases and case presentations
- Led class independently when professor took scheduled absences
- Graded students' clinical tapescripts
- Scheduled and conducted visits of students' internship sites
- Gave special lecture on clinical case notes
- Debriefed weekly with class professor to discuss students' progress and my overall TA performance

The University of Texas at San Antonio
COU 6003 Consultation and Program Evaluation (Doctoral Teaching Assistant)

- Co-led a group of six master's students and two doctoral students in a program evaluation of the community agency: The Center for Health Care Services (CHCS)
- Co-led weekly group meetings to discuss and plan group assignments
- Co-facilitated focus group of 15 CHCS employees
- Debriefed weekly with two doctoral co-leaders and class professor to group's overall progress and discuss our overall leadership

The University of Texas at San Antonio

COU 7583 Supervision of Counseling (Doctoral Teaching Assistant)

- Assisted an associate professor with class of 11 second-year doctoral students
- Lectured on: supervision models, the supervisory working alliance, evaluation, and supervisee factors impacting the supervision process
- Contributed to class discussions led by class professor on weekly class readings and assignments
- Led class independently when professor took scheduled absences
- Allowed students to observe my triadic supervision sessions with master's level practicum students at the counseling department's community clinic
- Graded students' reflection papers on their supervision observations
- Frequently consulted with class professor on the students' progress and my overall TA performance

The University of Texas at San Antonio

COU 5393 Development of Counseling Skills (Doctoral Teaching Assistant)

- Assisted an assistant tenure-track professor with class of 14 master's students
- Lectured on: reflecting skills (paraphrasing and reflection of feeling), self-care, and other skill related topics
- Led class independently when professor took scheduled absence
- Contributed to class discussions led by class professor on weekly class readings and assignments
- Provided oral feedback to students' in-class experiential activities
- Graded students' first and second tapescripts
- Met weekly with class professor to discuss class agenda, students' progress, and my overall TA performance

AWARDS AND HONORS

2016	Educational Endowment Fund Research Grant Recipient- Texas Counseling Association
2016	Graduate Student Scholarship Essay Competition Winner- Texas Association for Counselor Education and Supervision
2015	Third Place Doctoral Winner- The University of Texas at San Antonio- College of Education and Human Development- Fifth Annual Student Research Colloquium
2015	Officer of the Year- Inaugural Award- Chi Sigma Iota, Sigma Alpha Chi Chapter
2015	Certificate of Appreciation- Association for Creativity in Counseling
2014	Certificate of Recognition- Chi Sigma Iota, Sigma Alpha Chi Chapter
2014	Inducted into Chi Sigma Iota- Counseling International Honor Society

PROFESSIONAL MEMBERSHIP

American Counseling Association
Texas Association for Counselor Education and Supervision
Texas Counseling Association

SERVICE

2018	Point in Time Count Volunteer
2017-2018	Texas Association for Counselor Education and Supervision- Emerging Leader
2017	Association for Creativity in Counseling Conference Proposal Reviewer
2017	American Counseling Association Conference Proposal Reviewer
2016-2017	Texas Association for Counselor Education and Supervision- Graduate Student Representative
2016	Chi Sigma Iota, Sigma Alpha Chi Chapter Teddy Bear Drive Volunteer
2015	Texas Association for Counselor Education and Supervision Mid-Winter Conference Proposal Reviewer
2015-2016	American Counseling Association Conference Proposal Reviewer
2015	Association for Creativity in Counseling Conference Volunteer
2015	Southern Association for Counselor Education and Supervision Conference Proposal Reviewer
2015	Chi Sigma Iota, Sigma Alpha Chi Chapter Membership Drive Volunteer
2014-2015	Chi Sigma Iota, Sigma Alpha Chi Chapter Initiation Ceremony Volunteer
2014-2015	Chi Sigma Iota, Sigma Alpha Chi Chapter Awards Committee Member
2014-2015	Chi Sigma Iota, Sigma Alpha Chi Chapter Web Administrator
2014-2015	The University of Texas at San Antonio Counseling Department-Doctoral Interview Day Volunteer
2014	The University of Texas at San Antonio Counseling Department Spring Open House Doctoral Student Representative
2013	Texas Counseling Association Professional Growth Conference Volunteer